School-based Physical Activities





Equipment







Half paper Ping-Pong Plastic tubes balls baskets

Objectives

- 1. Enhance balance and whole-body coordination
- 2. Train cooperation skills and communication skills
- 3. Train patience and concentration



Game Rules

- Each team lines up
- Connect the half paper tube given to each of the children together
- 3 The first child places the ball into the half paper tube
- Pass the ball to the next person without touching it directly with his hands, until the finish line

Modifications

- 1. Alter the delivery route
- 2. Use other items for delivery













