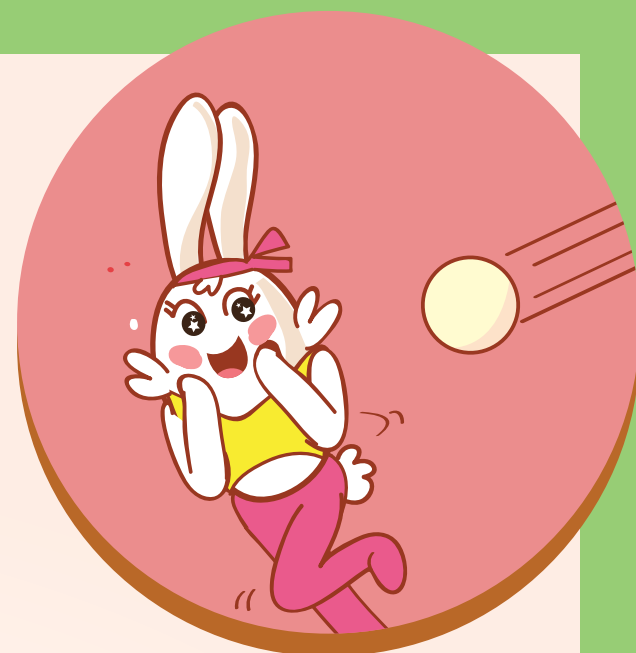


Parent-child Physical Games

Game3

Dodgeball



How to Play

- 1 The parent stands some distance away from the child
- 2 The child has to dodge the ball thrown by the parent



Objectives

- 1 To improve dodging skills and agility
- 2 Body exercise

Modifications

Change the tossing distance

Equipment

Small soft ball(s) or crumpled paper ball(s)