## Parent-child Physical Games



## **Objectives**

- To improve throwing skills
- To improve eye-hand co-ordination

## **Modifications**

- Change the tossing distance
- **2** Toss the ball within a time limit

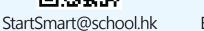
## **Equipment**

- 1 Small ball or crumpled paper ball
- 2 Basket or shoe box











Ball Toss Game

