

To: Secretariat of the “StartSmart@school.hk” Campaign, Department of Health
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Mailing address: Secretariat of the “StartSmart@school.hk” Campaign, Unit A-D, 8/F, China Overseas Building, 139 Hennessy Road, Wan Chai, Hong Kong
Tel.: 3151 7621
(Please submit to the Secretariat of the “StartSmart@school.hk” Campaign by fax/email/post on or before **27 June 2025**)

Letter of Commitment for the “Healthy Drinks at School” Charter

Declaration of Commitment:

Our school:

- understands that excessive sugar intake will increase the risk of obesity and tooth decay in young children and hinder their healthy development;
- agrees to create an environment conducive to healthy eating for young children at school; and
- agrees to promote healthy drinks at school.

Implementation:

To help promote the “Healthy Drinks at School” Charter, our school pledges:

1. to encourage young children to drink water;
2. to provide healthy drinks to young children;
3. not to provide drinks with added sugar or relatively high sugar content; and
4. not to use food as a reward.

Signature of principal: _____

Name of principal: _____

Stamp of kindergarten and
child care centre: _____

Name of kindergarten and
child care centre: _____

Date: _____



School Drink List

_____ (School Name) will provide the following drinks (types/names) to young children in the 2025/26 school year (please put a “✓” in the appropriate ☐; you may choose more than one option):

- | | |
|---|---|
| <input type="checkbox"/> Water | <input type="checkbox"/> Chocolate milk/fruit-flavoured milk* |
| <input type="checkbox"/> Clear soup | <input type="checkbox"/> Instant malted drinks* |
| <input type="checkbox"/> Plain milk | <input type="checkbox"/> Fruit juice concentrates* |
| <input type="checkbox"/> Low-sugar soymilk | <input type="checkbox"/> Cordials* |
| <input type="checkbox"/> Coixseed drink | <input type="checkbox"/> Soft drinks* |
| <input type="checkbox"/> Lemon water | <input type="checkbox"/> Probiotic drinks* |
| <input type="checkbox"/> Others (please specify): _____ | |
| _____ | |
| _____ | |
| _____ | |

☐ None of the drinks above contains added sugar or ingredients high in sugar such as condensed milk or evaporated milk

* Drinks with added sugar or relatively high sugar content

Contact Information

Name of kindergarten and child care centre:	(Chinese)		
	(English)		
School number:			
Type:	<input type="checkbox"/> School sponsoring body/operator (please specify):		
	<input type="checkbox"/> Others (please specify):		
Name of contact person:		Title of contact person:	
School address:			
School email:		Total number of students:	
School tel.:		“Drink More Water” towel	<input type="checkbox"/> _____ pcs (Not exceeding the total number of students)
School fax:			<input type="checkbox"/> Not required



Statement of Purpose for Collection of Personal Data

Purpose of Collection

1. The personal data you provide to the Department of Health (DH) will be used for the following purposes:
 - (a) as a proof of eligibility;
 - (b) to compile statistics for research or teaching purposes; and
 - (c) to facilitate the organisation of activities related to health education and community liaison.

The provision of personal data is voluntary. If you do not provide sufficient information, we may not be able to verify whether you are eligible for receiving certain services/participating in certain activities, accede to your request or conduct in-depth investigation into a complaint case, and hence cannot provide services/assistance to you.

Classes of Transferees

2. The provision of personal data is voluntary. The personal data you provide are mainly for use within the DH but they may also be disclosed to other government bureaux and departments or relevant parties for the purposes mentioned in paragraph 1 above, if required. Apart from this, the data may only be disclosed to parties where you have given consent to such disclosure or where such disclosure is allowed under the Personal Data (Privacy) Ordinance.

Access to Personal Data

3. You have the right of access and correction with respect to your personal data as provided for in Sections 18 and 22 and Principle 6 of Schedule 1 of the Personal Data (Privacy) Ordinance. Your right of access includes the right to obtain a copy of your personal data provided by you during the occasions as mentioned in paragraph 1 above. A fee may be imposed for the provision of the data requested.

Enquiries

4. Enquiries concerning the personal data provided, including the making of access and corrections, should be addressed to:

Health Promotion Branch, Department of Health
(Attn: SEO(HP))

Address: 7/F, Southorn Centre, 130 Hennessy Road, Wan Chai, Hong Kong

Fax: 2591 6127

